



August 3rd - Daily Beauty Shot

We love a beautyscoop, and this one comes hot off the A-listers lips.

Introducing BeautyScoop. Think better skin, hair and nails in a drink. Mixed with your latte, water or smoothie, this all natural organic vegetable based powder is like using an anti-ageing cream from the inside out. And it works, besides from the stateside cult following to go by, there are some impressive clinical studies (86% of users saw better skin, hair and nails in three weeks).

Behind the science you'll find peptides, essential fats, vitamins and minerals, the key buzzwords behind great looking skin. Start loading with one packet every day, then you can go down to one every three weeks when you start seeing glossier hair, brighter skin and stronger summer nails.

Kick start your better beauty regime at the Detox/Retox bar at Harvey Nichols bar. While stocks last they're adding a shot of Beautyscoop (£7) to any blend to up the beauty ante of your juice or smoothie.

Beyond Beauty at Harvey Nichols nationwide, £136 for 21 sachets, beautyscoop.com