

\$1
LESS THAN
US WEEKLY

Life & Style WEEKLY

She prides herself on being a great mom, but Angelina puts her unborn babies in danger in Iraq for publicity



ANGELINA IN A BULLETPROOF VEST

THIS IS CRAZY!



HOW BRITNEY LOST \$60M IN ONE YEAR



JAMIE LYNN: FIRST BUMP PHOTO



THE OLSENS: WHAT WENT WRONG

FEBRUARY 25, 2008

\$2.99



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Celeb nail



The problem: NAILS THAT WON'T GROW

Perpetually short nails like Paris Hilton's could be the result of a protein, calcium or vitamin E deficiency, says nail guru Nicole Dinh, who's worked with Christina Aguilera. "It makes it hard for the nails to push past the cuticle, slowing growth."

The Rx

Drinking this veggie-based powder after mixing it in water or another beverage increases the body's protein and peptide levels, which can help produce healthier nails in just three weeks. BeautyScoop \$75 for 21 packets, beautyscoop.com

beauty scoop
A little beauty

FEBRUARY 25, 2008

The problem: DRY, CRACKED CUTICLES

"The skin around the nails, just like the skin on the rest of the body, gets rough when it loses moisture, especially in cold weather," says Dinh, noting Katherine Heigl's ashy fingers. "Dehydrated cuticles cause painful hangnails and unsightly fingertips."

The Rx

Moisturizing cuticles daily with a product like this almond-oil pen instantly hydrates dry skin so it looks smooth and feels soft.

The Body Shop Almond Oil Nail and Cuticle Treatment \$12, thebodyshop.com

THE BODY SHOP
CUTICLE TREATMENT
HUILE D'AMANDE DOUCE
100% VEGAN FORMULA

