

# What's In My Bag: Dr. Michelle Yagoda, Celebrity Facial Plastic Surgeon

By Klaudia Tirico / August 7, 2015



Twelve tubes of lipstick? Poetry scribbled on Sephora receipts? Keys to a Harley? You can tell a lot about a person by the contents of her bag. In our <u>What's in My Bag</u> series, we ask beauty and style insiders to spill the contents of their purses in hopes of finding a few gems.

## **The Subject**

If you ever need facial aesthetic or reconstructive surgery in New York City, celebrity facial surgeon <u>Dr.</u> <u>Michelle Yagoda</u> is your gal. Dr. Yagoda specializes in using a combination or topical skincare, ingestible supplements, holistic therapies and surgery to provide patients with natural results. In other words, she helps to bring out the best version of you. Dr. Yagoda is also the founder and CEO of her own skincare line, Opus Skincare, where she created the ultimate beautifying supplement, <u>BeautyScoop</u>. We got the scoop on what this busy mom keeps in her gorgeous orange Hermes bag below!



#### **The Bag**

"Depending on my mood, I rely on my black or orange leather Hermes Birkin bags **[1]**. As far as appearance, they are the bespoke, classic bag. Aside from making a statement, they exude eternal beauty. On a more practical level, they are big enough to stash all of my essentials! As a facial plastic surgeon, and co-founder of Opus Skincare, I often have patient charts, journals, products and more in my bag!"

### What's Inside

"My <u>Sephora lip liner</u> and my <u>Sephora lip color #3</u> [2] because a woman is never "done" unless her lips are done too!

My <u>Chanel Inimitable Mascara</u> [3] because I always want to add a little extra "oomph" when going out at night after work. Makeup artist Daniela Gozlan showed me how to make my lashes look like extensions using just this Chanel mascara wand!

My spearmint, aspartame-free, vitamin gum that I buy in Canada. What a brilliant idea! This way, when I forget my multi-vitamin, I get Vitamin A, C, D, E, B1, B2, B3, B5, B6, B12 and folic acid in my breath-freshening piece of gum!

My <u>Dr. Fischer Ultrasol Self-Tanner</u> from Israel! There is simply no better self-tanner! I hate to wear pantyhose and it helps my legs look "healthy"! It goes on easily without streaking; it smells good; and, it looks natural. Oh, and did I mention is has built-in UV protection as well?

A zip lock bag full of <u>BeautyScoop</u> powder [4] and the scoop. BeautyScoop is my patented and clinically proven nutritional beauty supplement for younger-looking skin; longer, stronger nails and shiny, voluminous hair. BeautyScoop tastes great, and I always have it available to mix into juice, smoothies, ice-coffee, yogurt and oatmeal. And, aside from tasting great and having six grams of protein, it works! Results are visible within three weeks! And, I love routinely getting compliments – even from strangers – on my hair and my skin!

<u>Biocorneum Scar Gel</u> [5] - This stuff is amazing! It is 100% silicone gel mixed with sun protection. This is something I carry with me so I remember to apply it anytime I get a scratch!

Anouk Goutal Le Muguet Eau de Toilette [6]! Nothing like a spritz mid-day as a pick me up!

<u>Olio Di Argan by L'erbolario di Lodi</u> - Although it is meant for the face and neck, I use it on my cuticles. The bottle size is perfect! As a surgeon, I wash my hands dozens of times per day and this keeps my cuticles healthy.

My <u>Ray-Ban</u> aviator sunglasses **[7]**. This is an often-overlooked "beauty" product! Without sunglasses, you will squint! Squinting leads to crows feet, under eye puffiness and even the "11" lines!

My <u>FULTON</u> mini umbrella **[8]**! It is the lightest and smallest I have ever found. It provides great coverage and comes in beautiful designs. It's from the UK. They have enough rain there to be expert umbrella-makers!

Some CVS bandage "spots" - you never know when your son (or you!) might get a blister or a cut!"

## The Quirky and Unexpected

"The top (it is a cup with a travel lid) to my bright green Hamilton Beach One Touch 14oz Personal Blender! Sometimes I carry it full of my BeautyScoop smoothie. Other times, I bring it with me so that I can blend on the go!"