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Brows, Everything

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My Husbands
On The
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Best Chest Forward

Q I love the vibe of chokers and off-the-shoulder tops, but my chest and shoulders are a mess—bumps, blotchiness, tan lines. Help!

—Courtney D., 27

A I'm with you. The exposed-shoulder look is cool and feminine, which I love, but it leaves you with a sizable swath of your chest exposed—skin that in my case may not be in top shape after a long summer. To keep this zone looking its best, I live by three things. Up first: Swipe on an at-home glycolic peel pad (like the SiO ones right) every morning. These pads keep my stubborn chest acne, caused by sweat and daily sunscreen, at bay. **"They'll exfoliate your skin without causing irritation,"** New York City dermatologist Michelle Yagoda, M.D.,



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Best Chest Forward

daily sunscreen, at day. They exfoliate your skin without causing irritation,” New York City dermatologist Michelle Yagoda, M.D., tells me. My second must-have: a hydrating neck and chest cream in the evening. I’m only 27, but Dr. Yagoda tells me wrinkle prevention is essential and that this area is the first to show: “Treat the skin on your body just like you do your face.” In the meantime, make SPF application there a daily routine, she says. For my final move: a touch of highlighter. I swipe little glow sticks (see the Maybelline New York ones right) over high points, like my collarbones and tops of shoulders, then lightly on any tan lines or blemishes. A pro tip I picked up from makeup artist Patrick Ta: Apply the highlighter with your fingers. “It’s easier to blend,” he says. Since he’s the beauty guy behind Kendall Jenner and best friend Gigi Hadid, above, I’m listening! —Julianne Carell, @juliannearell, Glamour associate digital beauty editor



Gigi Hadid and Kendall Jenner bare the trend.

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