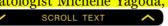


Best Chest Forward

I love the vibe of chokers and off-the-shoulder tops, but my chest and shoulders are a mess—bumps, blotchiness, tan lines. Help!

-Courtney D., 27

I'm with you. The exposed-shoulder look is cool and feminine, which I love, but it leaves you with a sizable swath of your chest exposed—skin that in my case may not be in top shape after a long summer. To keep this zone looking its best, I live by three things. Up first: Swipe on an at-home glycolic peel pad (like the SiO ones right) every morning. These pads keep my stubborn chest acne, caused by sweat and daily sunscreen, at bay. "They'll exfoliate your skin without causing irritation," New York City dermatologist Michelle Yagoda, M.D.,





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aung samsercen, at sage mieg in enteriare jour skin without causing irritation," New York City dermatologist Michelle Yagoda, M.D., tells me. My second must-have: a hydrating neck and chest cream in the evening. I'm only 27, but Dr. Yagoda tells me wrinkle prevention is essential and that this area is the first to show: "Treat the skin on your body just like you do your face." In the meantime, make SPF application there a daily routine, she says. For my final move: a touch of highlighter. I swipe little glow sticks (see the Maybelline New York ones right) over high points, like my collarbones and tops of shoulders, then lightly on any tan lines or blemishes. A pro tip I picked up from makeup artist Patrick Ta: Apply the highlighter with your fingers. "It's easier to blend," he says. Since he's the beauty guy behind Kendall Jenner and best friend Gigi Hadid, above, I'm listening! -Julianne Carell, @juliannecarell, Glamour associate digital beauty editor





